

Advanced Level II 2020/21



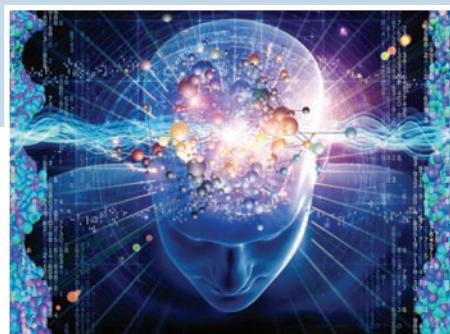
Developing Trance Mediumship

A brief guide to your online sessions

Robert Goodwin

Core Principles underpinning this course

- Respecting each other and those unseen helpers from the spirit world who will be working with us
 - Maintaining honesty and integrity at all times
- Cultivating the desire to progress spiritually for the purpose of using our abilities in service to others for the higher good
- Cultivating a disciplined approach to development both within the sessions and in-between sessions
 - Abstaining from all intoxicating substances before and during sessions
 - Refraining from speaking to others about our work until the course is completed, thus retaining the energies generated by each session within our own auric field
 - Working always from our heart centre, **in love**



Advanced Course II - Introduction

Thank you for considering purchasing your advanced course of six, one hourly One 2 One Zoom sessions with me - I am looking forward to working with you to further develop your Trance Mediumship.

If you completed *Advanced Level I* with me, then you'll already know the way that these sessions work and have a basic understanding of the principles that underpin our work together. For the next six weeks the aim is to 'add some meat to the bones' of what has already been accomplished and the main focus will be on the philosophical side of working with your helpers. Trance mediumship, by its nature, allows for more of the guide and less of the medium in the sense of what can be communicated in a more direct way. For example; one can read a book, but to hear the author orate his work 'live' is quite something else - it takes things to a whole new level. People often tell me that they love reading the White Feather books, but listening to and interacting with the guide himself is quite a different experience, as you may already have discovered.

Although I have suggested some philosophical topics for discussion, you may wish to change these or add your own as we progress, such is the fluid nature of the sessions. A huge advantage to our work is that not only will your ability as a trance medium advance, but also you'll be encouraged to think for yourself and connect to the invisible information fields in which all is known. As your own vibrational energy expands and your power increases, so you will gain access to higher dimensions of knowledge and be able to penetrate into the subtle planes of being. In short, your consciousness will expand as you approach more enlightened states. This crucial point is one that is sometimes overlooked or forgotten by those whose only interest is in obtaining evidential messages or 'entertaining' the public.

So again, as with *Advanced Course Level I*, please read through this brief guide and familiarise yourself with the nature and content of what we'll be discussing. You may also wish to make your own notes for anything that you'd like to focus on or know more about during the sessions. Although there are again, certain essential aspects that I believe have to be covered, there is also room for some flexibility and I would emphasise that because we are undertaking One 2 One sessions, the course is very much tailored to you. You will not only be able to ask questions and make your own suggestions during online sessions but in addition, also email me if you require more help.

So lets get started and enjoy working in the energy of the spirit in even more depth.

Kind regards,

Robert

Advanced Level II: Session 1

These are the points we will consider in our opening session:

- A guided meditation to further enhance your connection to spirit. In addition to his mediumship, Robert is also a qualified Hypnotherapist and extremely adept in communicating with the unconscious mind. He is also an experienced meditator and the aim of this 45 minute guided journey is to facilitate a deeper connection between you and your guide(s).
- Goals and exercises for the week - things that will assist us until the next session

My Notes

Advanced Level II: Session 2

These are the points we will consider in our second session:

- The relationship between consciousness and ego
- What is the 'ego' how can we recognise it and adapt our thinking and behaviour?
- Understanding spirit laws - 2) The nature of 'Space & Time'
- Your opportunity to demonstrate trance within this safe environment
- Feedback from week one
- Goals and exercises for the week - things that will assist us until the next session

My Notes

Advanced Level II: Session 3

These are the points we will consider in our third session:

- The power of discernment
- Distinguishing truth from falsehood
- Understanding spirit laws - 3) Power v Force
- Your opportunity to demonstrate trance within this safe environment
- Feedback from week two
- Goals and exercises for the week - things that will assist us until the next session

My Notes

Advanced Level II: Session 4

These are the points we will consider in our fourth session:

- Expanding your options
- A look at Trance Healing and Clairvoyance
- Understanding spirit laws - 4) Creating reality - does life respond to our requests?
- Your opportunity to demonstrate trance within this safe environment
- Feedback from week three
- Goals and exercises for the week - things that will assist us until the next session

My Notes

Advanced Level II: Session 5

These are the points we will consider in our fifth session:

- Your second 'live' session with White Feather and the opportunity to ask questions of the guide
- Feedback from week four
- Goals and exercises for the week - things that will assist us until the next session

My Notes

Advanced Level II: Session 6

These are the points we will consider in our sixth session:

- Expanding your own trance experience - your opportunity to allow your own guide to speak and to answer questions - go for it!
- Feedback from week five
- Goals and exercises for the week - things that will assist us until the next session

My Notes

Advisory Notes to the online sessions

Robert Goodwin

As the author of this course, I strongly recommend following the procedures as closely as possible without attempting to skip any sections or jump ahead in the belief that it will save time. Each session has been carefully designed to help the aspirant to unfold their mediumship in a safe and proper way and should be followed exactly as directed.

I have deliberately kept the intellectual content of this course to a minimum because I believe that mediumship can never be an academic subject. No one can actually teach another to become a medium and no amount of study will ever produce mediumistic ability if it does not already lie within the individual. This course and sessions, like mediumship itself are *always 'a work in progress'* and *no results can ever be guaranteed*.

In short, there is no substitute for 'hands on' development or sitting in a well run, closed development circle. Whilst it is possible to develop alone, I do not recommend this in the long term.. There is nothing as helpful as the support of other sitters and the strength of the group environment and I would encourage every dedicated, aspiring medium to find such a group. My own initial development took place in such a closed circle over several years and it was time well spent. I would also suggest that the following books are considered as aids to this course, all of which are available from Amazon in electronic format:



Truth from the White Brotherhood - Robert Goodwin

The Golden Thread - Robert Goodwin

Answers for an Enquiring Mind - Robert Goodwin & Amanda Terrado

In the presence of White Feather - Robert & Amanda Goodwin

The Collected Wisdom of White Feather - Robert & Amanda Goodwin

The Enlightened Soul - Robert & Amanda Goodwin

The Infinite Stream - Robert Goodwin

Transcognitive Spirituality - Robert Goodwin

Light: The Divine Intelligence - Robert Goodwin

A Life in Trance: Fifty Years as the medium of White Feather - Robert Goodwin